

Inauguration of Refresher Course in Behavioural Studies at UGC-Human Resource Development Centre, University of Kashmir

UGC-Human Resource Development Centre, University of Kashmir inaugurated a three week long interdisciplinary Refresher Course in Behavioural Studies on January 9th, 2017. Inaugural session was presided over by the Director, HRDC, Prof. Mohiuddin Sangmi whereas renowned psychiatrist of the valley Prof. Mushtaq Marghoob was the chief guest at the function. This course is being attended by 30 faculty members belonging to various colleges and universities of the J&K state. Owing to its interdisciplinary nature, faculty members belonging to different disciplines are attending this course. Dr. Showkat Ahmad Shah, Head, Dept. of Psychology, University of Kashmir is serving as its Course Coordinator.

In his presidential address, Prof. Mohiuddin Sangmi stated that HRDC, University of Kashmir is conducting a Refresher Course on Behavioural Studies for the very first time since it was never allotted to our centre by the UGC earlier. He deliberated at length upon the need and importance of conducting such a course in the backdrop of fast changing role of a teacher in the higher education system. He urged that a teacher must not remain confined to transmitting information but he/she must also orient students to meet the challenges of life so that they do not merely become trained professionals, but also better citizens. He deliberated upon various aspects of organizational behavior and the challenges faced by teachers on account of altered student behavior.

Course Coordinator, Dr. Showkat Ahmad Shah dwelled upon the aim and objectives of the course and elaborated upon the plan of action for the next three weeks. Coordinator, HRDC, Dr. Mohammad Ishaq Geer besides conducting the proceedings of the inaugural session discussed various modalities related to design and conduct of the course and also explained the norms prescribed under UGC guidelines for the smooth conduct of the programme. This was followed by inaugural address by Prof. Mushtaq Marghoob on “Importance of Mental Health and the recognition of stress among university teachers”. He discussed in detail various community outreach and extension activities carried out by him over the past several years and emphasized upon the need for voluntary efforts by the college and university teachers in creating awareness and promoting mental health across higher educational institutions of the state. His inspiring and soul-stirring talk marked a good beginning and laid out a strong foundation for the course. The course will continue till the end of this month.

Dr. Mohammad Ishaq Geer
C O O R D I N A T O R